

NTSport Clubs and Activities - Autumn Term

	AFTER SCHOOL (3:10-4:30)	COMMUNITY	
Monday	Weights & Conditioning - Years 8-13 (Fitness Suite) Street Dance - ALL YEARS (Dance Studio) Gymnastics - ALL YEARS (Sports Centre) Girls Football - ALL YEARS (Junior End) - this club will run from 3:30	Participation Football - ALL YEARS (4-5PM) Astro - see Mr Burnell in the medical room Jujitsu Club - ALL YEARS (5:30 -7pm) Dance Studio - see Mr MacQueen in Science	
Tuesday	Rugby - ALL YEARS (Junior End) Girls Fitness - Years 8-13 (Fitness Suite) Year 7 & 8 Hockey (Senior End) Climbing - ALL YEARS (Sports Centre) Indoor Rowing - ALL YEARS (Fitness Suite)	Netball - Years 10 & 11 (Senior End) PRIMARY SCHOOL SPORTS EVENTS (Sports Centre)	Swimming Club - ALL YEARS (7-8am) Waterworld - please see Mr Richards or Mr Scott for a letter
Wednesday	Weights & Conditioning - Years 8-13 (Fitness Suite) X-Country - ALL YEARS (Junior End) Year 7 & 8 Netball (Senior End) Years 9, 10 & 11 Hockey (Senior End)	Year 7 Dance (Dance Studio) BTEC Dance (Dance Studio) FIXTURES - ALL YEARS 6TH FORM HEALTH AND FITNESS	
Thursday	Girls Fitness - Years 8-13 (Fitness Suite) NTDance Company - ALL YEARS (Dance Studio) Year 9 Netball - (Senior End)	FIXTURES - ALL YEARS	
Friday	Weights & Conditioning - Years 8-13 (FS) Basketball - ALL YEARS (Sports Centre)		