

## NTSport Clubs and Activities - Spring Term

	<b>AFTER SCHOOL (3:10-4:30)</b>	<b>COMMUNITY</b>
<b>Monday</b>	<b>Weights &amp; Conditioning - Years 8-13</b> (Fitness Suite) <b>Street Dance - ALL YEARS</b> (Dance Studio) <b>Gymnastics - ALL YEARS</b> (Sports Centre) <b>Girls Football - ALL YEARS</b> (Junior End) - this club will run from 3:30	<b>Participation Football - ALL YEARS</b> (4-5PM) Astro - see Mr Burnell in the medical room <b>Jujitsu Club - ALL YEARS</b> (5:30 -7pm) Dance Studio - see Mr MacQueen in Science
<b>Tuesday</b>	<b>Football - ALL YEARS</b> (Junior End) <b>Girls Fitness - Years 8-13</b> (Fitness Suite) <b>Year 7 &amp; 8 Hockey</b> (Senior End) <b>Climbing - ALL YEARS</b> (Sports Centre)	<b>Netball - Years 10 &amp; 11</b> (Senior End)  <b>PRIMARY SCHOOL SPORTS EVENTS</b> (Sports Centre)
<b>Wednesday</b>	<b>Weights &amp; Conditioning - Years 8-13</b> (Fitness Suite) <b>X-Country - ALL YEARS</b> (Junior End) <b>Year 7 &amp; 8 Netball</b> (Senior End) <b>Years 9, 10 &amp; 11 Hockey</b> (Senior End) <b>Indoor Rowing - ALL YEARS</b> (Fitness Suite)	<b>Year 7 Dance</b> (Dance Studio) <b>BTEC Dance</b> (Dance Studio)  <b>FIXTURES - ALL YEARS</b> <b>6<sup>TH</sup> FORM HEALTH AND FITNESS</b>
<b>Thursday</b>	<b>Girls Fitness - Years 8-13</b> (Fitness Suite) <b>NTDance Company - ALL YEARS</b> (Dance Studio) <b>Year 9 Netball - (Senior End)</b>	<b>FIXTURES - ALL YEARS</b>
<b>Friday</b>	<b>Weights &amp; Conditioning - Years 8-13</b> (FS)	